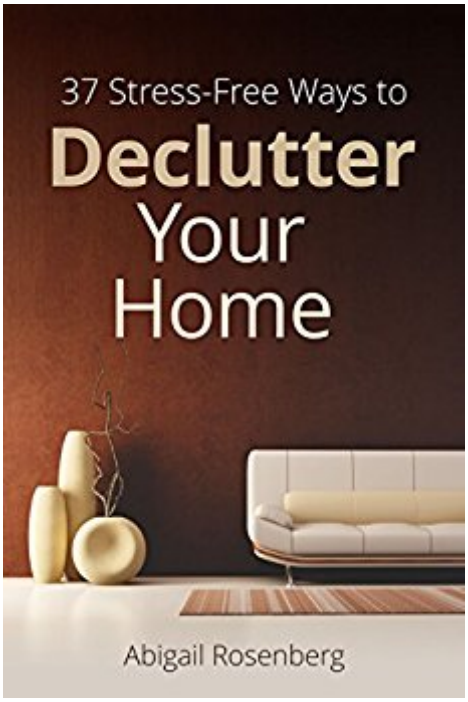
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37 Stress-Free Ways To Declutter Your Home



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Synopsis

Are you sick of feeling stressed, overwhelmed, and as if youÃ¢â ¬â„¢re drowning in stuff? Do you wish you could finally rid your home of all that clutter?If you would like to declutter your homeÃ¢â ¬Â¦ and do it even if you feel completely overwhelmed and donÃ¢â ¬â„¢t know where to beginÃ¢â ¬Â¦ then this book will show you how.Let me ask youÃ¢â ¬Â¦Do you feel like you canÃ¢â ¬â„¢t calm down or find peace when your home is so full of clutter?Do you feel as if all that clutter is constantly draining you of energy?Do you feel hopelessly overwhelmed and donÃ¢â ¬â„¢t know where to begin?If so, this book is a death sentence for your clutter.Learn how to continue being messyÃ¢â ¬Â¦ but have a clutter-free home. (Seriously)HereÃ¢â ¬â„¢s a little nibble of some of the clutter-killing strategies youÃ¢â ¬â„¢ll find inside the book:How to be messy and toss things all over the place but still have a clutter-free home with no effort. (Sound impossible? ItÃ¢â ¬â„¢s not.)The easiest and most efficient method for sorting your clutter.The surprisingly simple secret to making the right decision when decluttering items youÃ¢â ¬â„¢re not sure whether to throw out.And much more!If youÃ¢â ¬â„¢re sick of being frustrated as hell by your clutter, 37 Stress-Free Ways to Declutter Your Home is for you.Declutter your home and free your mind.DiscoverÃ¢â ¬Â¦The completely counterintuitive Japanese decluttering method that will upend everything you ever thought you knew about decluttering.A secret Ã¢â ¬Å“formulaÃ¢â ¬Â• discovered by a 19th-century Italian economist that will make decluttering your home twice as easy. (ItÃ¢â ¬â„¢s harsh on the clutter, but youÃ¢â ¬â„¢ll feel so relieved.)How to have closets, desks, and cabinets that are completely organized. (Just imagine how much simpler life would be.)And much more!37 Stress-Free Ways to Declutter Your Home wonÃ¢â ¬â„¢t only banish your home of clutter, but youÃ¢â ¬â„¢ll feel so much lighter and more relaxed. YouÃ¢â ¬â„¢ll be surprised by how much your mental state of mind is directly related to how decluttered your home is.To declutter your home once and for all, scroll up and click BUY.P.S. Get ready to have a home that relaxes you rather than stresses you.

Book Information

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Customer Reviews

a great book. "37 Stress-Free Ways to Declutter Your Home" shows one of the way to get rid of stress. Easy to read. A very useful book.

Love it.

In our family house there are many things that are unnecessary and useless. I really need help to in bringing order, but I do not know where to start. Tips in this book are excellent! For me, this book is a great help, because now I know how to overcome the problem of overcrowding with stuff. The book contains very practical advice, and it is for each recommendation!

Like virtually all folks, I (we...hubby and I) have over almost 30 years have clutter. I've retired, and have been slowly decluttering my stuff, some mutual stuff, and (for example) kitchen "stuffs" over time.This little book seems a more logical fit than those of the Japanese writers. I read the Konmari books on decluttering, and quite frankly, her books for me (and several friends had the same comment....) make the "project" assignments too big, and thus makes for many a non-starter!! I don't have kids, but knowing that day to day with them doesn't lend enough time to say,...clean a whole room!This book I like better as its author seems to realize that most do NOT want to spend all or most of their free time to decluttering, but instead breaks this task into smaller times and too

areas! E.g., declutter a junk drawer, top of your dresser, bathroom closet etc.By example too, do you work full time -and- then clean the whole house on your day(s) off? No, you clean the bathroom, or just the shower, maybe dispatch mail....pay bills, advertising junk mail to recycle, shred items no longer needed etc.This little book also makes common sense. Many of the authors methods I've been doing for years, but the "public areas" (living room, kitchen, guest bathroom) get more of the trickle clutter. Magazines left on the coffee table, slippers, socks etc....are areas that slowly creep up and become cluttered, or yup....MESSY.For a realistic and different perspective, this book should be a really good methodology of cleaning/decluttering. For some reason with me anyways.....calling the declutter process for small targeted areas tends to get done when I use the word "clean" instead. I know, semantics....:-)

I just read this book and came to know that what in my cluttered home pains me the most and how I can get rid of that. Although there are lots of sources out there to learn about how to declutter the home but this book gives you 37 stress free ways.

In our family house there are many things that are unnecessary and useless. I find it great and I feel that the tips are so effective. I am so much excited to follow those tips. In here, you can learn how to get started, make it fun and keep your home clutter free.This book has presented some ways of that can really work if you appropriate follow that way to make your home more disciplined.

I bought this book before beginning repairs in my house. The book contains a sufficient set of tips and tricks that will help you permanently rid your home of all this mess.The author explains that people in disarray feel much worse than tidy, clean room, and when the mess around a foul mood, and there is some discomfort. This book has helped me to understand how exactly the mess in the room may interfere with my well-being, comfort and happiness.

Excellent book, these days we are confronted with the stresses that are following us and we can not find peace. In this book there are many examples and tips, I like this book. I advise it to you!

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